



OUR STORY

WE OPENED our doors to the Three Village community in June of 2020. And while some might say it was a bad break to open during a pandemic, we just saw it as a challenge to overcome—and that’s exactly what we’re doing! In fact, *overcoming challenges* is built into the DNA of the CrankCycle Studio. Every class we lead is meant to personally challenge you. But in our studio, you’ll find a safe and supportive environment in which tackling those challenges is not only doable, but also FUN!



WE’RE LOCALLY OWNED AND OPERATED by Denise Locarni, a longstanding member of the Three Village community, with over 15 years of experience as a cycling instructor and personal trainer. Denise founded CrankCycle because she wanted to share her love of indoor cycling, help others reach their fitness goals, and create a place where anyone can have a great workout. Whether you’re looking to lose weight, build strength and endurance, make great friends, or sweat your stress away, Denise wants CrankCycle to be your go-to!

WE VALUE QUALITY, so when you CRANK with us, expect to work out in an immaculate, modern studio. From our dedicated (and always smiling!) staff, to our state-of-the-art equipment and luxury amenities, we’ve designed CrankCycle to give you the best experience possible. And with relatively small class sizes, we’re able to establish real relationships with our members, giving them the attention they deserve.



WE BELIEVE that when you walk through our doors, you become part of the CrankCycle community. So come join us!

TOP ▲

Location

196 North Belle Mead Road
East Setauket, NY 11733

Phone

631.335.9062

Connect With Us



Subscribe

Sign up to receive our newsletter and special offers and promotions.

Email *

SUBMIT